



MALFUNCTIONING LANDING GEAR TRIGGERS CRASH RESPONSE

SEE PAGE 6 FOR STORY

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From the Chief... Jonathan M. Goldman, CPE



The last quarter of 2021 was busy as usual, we ended 2021, dispatching 28,643 emergency calls for service. This is a 6.16% increase over 2021. During the last quarter of 2021, the LRMFA Board of Directors met and approved the 2022 budget. The 2022 budget is .73% less than the 2021 budget, which is good news. Although it is not a lot of money, a reduction is always better than an increase.

In October, Lt. Erin Hannafin earned the professional designation, of the Association of Public Safety Communications Officials (APCO), Registered Public-Safety Leader (RPL). After a yearlong, rigorous course of study, Lt. Hannafin has earned the professional designation of RPL. Congratulations, Erin. In 2022, LRMFA will have three additional RPL candidates begin their yearlong learning process. Including Lt. Hannafin, there are only four RPL's in the State of NH.

As we came into December, the LRMFA Dispatchers, sponsored a tree in downtown Laconia as part of the Holiday Tree celebration. This is part of our initiative to get out into the public and be more involved. As 2022 begins, if your agency or association is doing any public service, or working in the community we'd encourage you to contact Lt. Kevin Nugent, as our PIO he will work to coordinate and see if we can get some of our team involved as well.

In November, Dispatcher Adam Sattler completed his initial training and began working his own shift. Adam comes to us from a local police dispatch center and has been doing a great job so far. Adam is a Communications Unit Technician (COMT) trainee and is very proficient in radio and computer networking. He will be an asset to our team with his technical knowledge. Adam is also an Amateur Radio (HAM) operator and worked most recently as a volunteer with the Boston Marathon working on radio communications.

Continued on Page 4



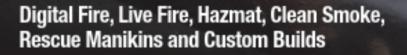
Chief Coordinator Jonathan M. Goldman, CPE Deputy Chief Coordinator Paul D. Steele Jr. Editor Nicholas Bridle





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Continued from Page 2

LRMFA received some news in December that our selected CAD vendor was not going to develop their CAD product any further and will not be performing any further installations of the program. This is now the second time that LRMFA has been abandoned by their selected CAD vendor. We will need to go out and look again for a new CAD. We are working on a Request For Information (RFI) and will be sending that out shortly to start the procurement process over again.

We are still working with NH E9-1-1, and the Department of Safety and monitoring the situation with the State School property in which we reside. The State of NH is working to sell the property and we are hoping that either they allow us to stay as part of the sale or work out another amicable arrangement.

We are getting ready for 2022 and looking forward to putting the COVID19 pandemic behind us. We have been pretty good throughout the pandemic in the building, but the last week of December we had four team members unable to work, either due to COVID19 or a COVID19 exposure.

Jon Goldman, CPE Chief Coordinator Lakes Region Mutual Fire Aid District



LRMFA Welcomes Dispatcher Sattler

We'd like to welcome Dispatcher Adam Sattler to the LRMFA team. Adam comes to us from a local PD dispatch center, he is an amateur radio operator and a FEMA Communications Technician (COMT) Trainee.

Dispatcher Sattler was released just before Thanksgiving and is assigned to Lt. Erin Hannafin. We wish Adam well and look forward to many years of service.



Good Luck Adam, and welcome aboard.

"Is that what I think it is?"



That time of year again!

Moultonborough Fire Department spent some time out on our hovercraft getting used to the operations of it again. It is still very early in the ice season and ice conditions need to be monitored very carefully before making a decision to go out on the ice.

Please be careful out there.



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On the afternoon of December 13, 2021, LRMFA received a report of a plane, inbound to Laconia Airport with a landing gear issue. Area Departments including Gilford, Laconia, Belmont, LRMFA, and Meredith were dispatched to the Airport. Apparatus was staged on the tarmac at both the "old runway" and the Terminal.

Information was gathered from the Airport General Manager and Skybright indicating the plane's left landing gear is not coming down. A pilot, very familiar with the plane in question, told Command to expect the plane to land, the left side to "catch" and for the plane to turn abruptly to the left and possibly flip over. There was also a discussion of how best to extricate the pilot and passenger.

After burning off some fuel, the pilot decided to land the plane. He touched down on the eastern end of the main runway and was able to control the plane so that it skidded in a straight line and came to a stop. There was only minor damage to the bottom of the plane and no injuries.

Chief Stephen Carrier stated: "Thankfully, the pilot did a great job landing the plane under less-than-ideal conditions. Thanks to our mutual aid partners and their response to this incident, we were prepared to handle the worst-case scenario."







688 Ossipee Mountain Hwy./Route 25, Tamworth, NH Phone: 603-323-7117 Email: Info@lakesfire.com^{MENSIONS}

ALEXIS FIRE ROUPMENT CO PO BOR OF ALEXIS FOR RECORDED TO CO PO BOR OF ALEXIS FOR ALEXIS BLOOM OF PO BOR OF ALEXIS BLOOM OF PO BOR OF ALEXIS FOR ALEXIS FOR ALEXIS FOR ALEXIS BLOOM OF PO BOR OF ALEXIS FOR ALEXIS FOR ALEXIS FOR ALEXIS FOR ALEXIS PO BOR OF ALEXIS FOR ALEXIS FOR ALEXIS FOR ALEXIS FOR ALEXIS FOR ALEXIS PO BOR OF ALEXIS FOR ALEXIS FOR ALEXIS FOR ALEXIS FOR ALEXIS FOR ALEXIS PO BOR OF ALEXIS FOR ALEXIS FO LRMFA and the Winnipesaukee Partnership for Public Health have joined forces to house, maintain and deploy a TAG shelter system.

This shelter can be used for public health missions as well as an incident command post, medical tent for large events, sheltering, rehabilitation, decontamination, and many other public safety missions.



LAKES REGION TAG SHELTER



In December members of LRMFA and the Partnership for Public Health gathered for in-service training, and to set the shelter up and prepare it for deployment.

The shelter is deployable and awaiting its first mission assignment. It is available by request through the Communications Center and can be used during emergency, and planned events. This is a great example of public agencies working together to better their communities.



Serving In A Higher Capacity

Congratulations to Dispatcher Kellie Regan for being selected to join the APCO International Military Employment Committee. The Military Employment Committee will evaluate options for aligning Emergency Communications Centers staffing shortages with unemployed military spouses and Identify potential funding and partnership opportunities for this effort (U.S. Chamber of Commerce, Department of Defense, etc.).

Kellie is a US Air Force Veteran, and an LRMFA Dispatcher. She will bring value to this national committee with her real-world experience as a vet and a Dispatcher.







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Second Alarm Fire in Laconia Just Before Christmas

On December 21, 2021, at 0335 hours, the Laconia Fire Department, along with automatic aid from Gilford and Belmont Fire Departments, were dispatched to a reported building fire at 41 Spruce Street. This road happens to be a dead-end street located in Laconia's South End.

The initial report to LRMFA was smoke in a garage. The caller stated he was not sure what was on fire. During the response, E1 was updated that the garage was well involved and had exposure to the house. E1 requested the First Alarm and laid in from a hydrant on Edwards St. On arrival, companies found a two-stall wood frame garage fully involved, which was extending to the attached one-story, single-family ranch-style home. At this point, E1 upgraded their request to a Second Alarm.

Lieutenant Hewlett (E1) was met by the caller stating that everyone was out of the building. As part of his 360 degrees walk around, he was able to enter the house and complete a primary search. Companies stretched a 2 ½" hand line to begin knocking down the fire in the garage. The fire had spread to the attic space, and within 10 minutes of arrival, approximately half of the roof had collapsed. At that time, crews switched to defensive operations. Once companies gained control of the fire in the attic, operations were switched back to offensive, and companies entered the building. The building had a heavy content load, and combined with a significant ceiling collapse, made interior operations difficult.

The fire was under control in just over one hour, and crews remained on scene for overhaul until 1030. Laconia Deputy Chief Roffo and NH State Fire Marshal Office conducted the investigation. The cause was determined to be a damaged extension cord running from the garage that was feeding power to a camper with two people staying inside. The loss was estimated at \$200,000. Red Cross is assisting the adult occupants. Most of the family's Christmas presents were saved.

Prior to being able to secure utilities, a Laconia Firefighter who was advancing an interior hose line contacted electrical wiring inside the home and received an electrical shock. The firefighter was able to self-extricate and was then transported to Concord Hospital-Laconia for evaluation. He was released later that morning.

Mutual Aid Companies operating on the scene were Gilford, Belmont, Tilton-Northfield, Sanbornton, Meredith, and Franklin Fire Departments, Lakes Region Mutual Fire Aid, as well as Stewart's Ambulance.



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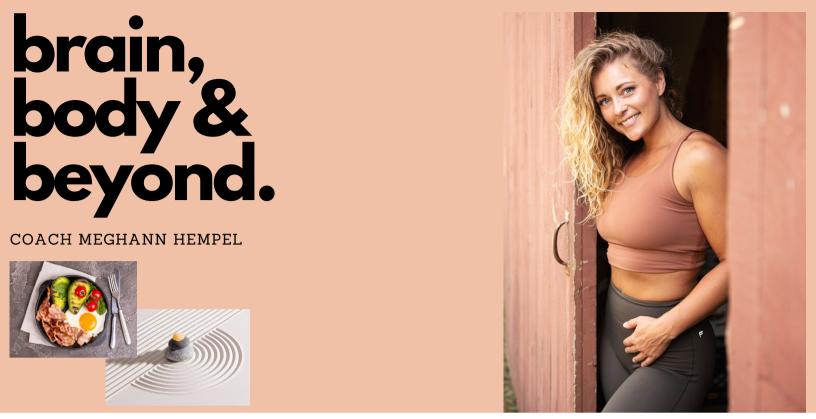
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Happy New Year friends! In the last few quarters, we've been discussing all the important pieces to health and how to achieve optimal wellness. We've now covered nutrition, fitness, and sleep. Today we're going to discuss stress and the importance of learning how to properly manage it.

The high demands of the job are enough to stress about, then you have the everyday stresses outside of work. Like a google web browser, many of us have 20 different tabs open at one time, drowning in overwhelm and distraction, causing an immense amount of stress. Stress takes away from our livelihood and puts us in a constant state of fight or flight, robbing us of the ability to fully relax. When we're always on the go, and always have something pressing to do, we're left with minimal time to sit, breathe, and just "be." Before you know it, you're just purely rolling through the motions, drained and running on empty.

Learning to manage stress is another key piece to living a long and healthy life. Stress management is just as important as eating a healthy diet, moving your body regularly, and getting a sufficient amount of sleep. Many people turn to food, drugs, alcohol, or other unhealthy habits to cope. It's important that we learn healthy coping mechanisms that align with our health and wellness goals, instead of turning to external sources that are detrimental to our overall health. Creating and implementing emotional management systems is a great way to manage stress.

What is an emotional management system? It's a "toolbox" you create for yourself to help you cope with any kind of stress you may be dealing with. This emotional management system honors and nourishes your mind and body. It can be anything from going on a walk, spending time in nature, talking with a friend, working out, reading a book, doing a puzzle, drawing, or using your hands to create something. It can be anything you want it to be!

Choose the tools that align with your spiritual and emotional needs. These "tools," are your healthy "go-to's," when you need to manage your stress. Prioritize and devote some time every single day where you can shut your brain off and just "be." You owe it to yourself and your family. How do you suppose you're going to deliver your best self if you're constantly running on empty? You won't!

Simplify, seek balance, learn to say no, and choose wisely where you disperse your energy! Always make time for yourself so you can be of better service to your community and the ones you love.

I encourage you to start implementing all four of the key ingredients to optimal wellness. Nutrition, fitness, sleep, and stress management! If you can't do it on your own, I'm here to HELP YOU!

You can find me at Brain Body & Beyond LLC in Gilford NH where I offer one on one personal training along with ancestrally based health coaching. Make 2022 your healthiest, strongest, and most vibrant year yet!

As always, stay safe, stay healthy, and until next time!

Contact Info - Meghann Hempel - brainbodyandbeyond@gmail.com - @Meghann.Alice



Want to receive the Rural Hitch by email?

Just send your email address by text message:

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Message and data rates may apply.

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AREA PERSONEL DEPARTURES

HOLDERNESS - CHIEF ELEANOR MARDIN

Congratulations to Retired Holderness Fire Chief Eleanor Mardin. Chief Mardin retired from the Holderness Fire Department, serving the last fifteen years as the Fire Chief. Chief Mardin is a United States Navy veteran, who has served as a Dispatcher with Concord Fire Alarm, a Firefighter with Plymouth Fire-Rescue, and for the State of NH Forests and Lands.



PLYMOUTH - DEPUTY CHIEF JEREMY BONAN

On December 2nd, 2021, Plymouth Fire Deputy Chief Jeremy Bonan departed to become the Holderness NH Fire Chief. This is a great opportunity for Chief Jeremy Bonan, and we wish him well!

PLYMOUTH - FF/AEMT RACHEL LEGG

Plymouth Fire was sad to see Rachel Legg move on to the Laconia Fire Department as of September 2, 2021. We wish her the best as she moves forward in her career!



PROMOTIONS



HOLDERNESS - CHIEF JEREMY BONAN

Congratulations to Jeremy Bonan, on being appointed the Fire Chief in the Town of Holderness. Chief Bonan comes to Holderness from Plymouth Fire-Rescue, where he most recently served as the Deputy Fire Chief.



PLYMOUTH - DEPUTY CHIEF KEVIN PIERCE

Plymouth Fire was pleased that Kevin Pierce decided to re-join our ranks as our new Deputy Chief. Deputy Chief Pierce has fourteen years of career experience between the Plymouth and Laconia Fire Departments. Welcome Back!



MOULTONBOROUGH - LIEUTENANT JAMES FRANGELLI

Moultonborough Fire Rescue is pleased to announce the promotion of Firefighter James Frangelli to Lieutenant. James got his start in Moultonborough and has served with Meredith and Tilton-Northfield Departments before returning to Moultonborough in July of 2021.

Congratulations to the Barnstead Fire Department of New Hampshire on the delivery of their new PL Custom Type I Classic mounted on a Ram D5500!



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THE MOST IMPORTANT JOB IN THE FIRE SERVICE.

By Chief Ken Erickson (RetIred)



Oscar Wilde was an Irish poet who died in 1900. He has a very famous quote that is still quite relevant in today's fire service. "Experience is a very hard and expensive teacher. It gives the test first, then you get to learn your lessons". So true for any new Company Officer in this modern fire service.

The Company Officer (CO) is the most important position in the fire service. Company Officers are the backbone and primary leaders of all fire departments. Chiefs may set the policy and procedures, as well as write the rules and regulations, but nothing gets accomplished without the Company Officer. We are talking about lieutenants and captains and in some departments the senior firefighters. These are the people who run the shifts, platoons, and companies. They are in most cases, first-line supervisors. Captains could easily be considered mid-level managers depending on the department structure.

Their primary job is to see to it that the work that needs to be done gets done in a safe and efficient manner, whether it is stretching an attack hose line or washing the apparatus after a call. They keep the stations functioning smoothly and hopefully harmoniously. This article is not about station duty. It is going to focus on the most dangerous and stressful aspect of the job - Preparing your firefighters and leading them into battle.

First and foremost, as the CO you need to tell your people what your expectations are.

- I want you ready to go to work at 700 AM. This means being on time and in uniform with your gear in the proper place at the start of the shift, not after coffee.
- I expect you to wear the proper and appropriate protective gear to each call.
- If you are a driver you will stop at stop signs, red lights, and school buses with flashing red lights.
- You will check your equipment thoroughly at the start of each shift, or at the scheduled time for call and volunteers.
- Never go into a fire empty-handed. Always carry a tool. This is a partial list but a good starting point.

If your crew is not performing to your expectations, it is probably your fault, for not explaining your expectations adequately. Communication is critical to successful operations. Talk to them. Spend time with them. Train them. Learn from them. As the CO your job is to lead your crew at emergencies and then prepare them to respond to the next emergency. If you are not training, you are neglecting one of your basic jobs. You do not need to be a certified Instructor to train your crew. If you are unsure of a specific subject matter learn it.

Prioritize your training. Don't be teaching trench rescue until your crew is well versed in all the basics of firefighting: hose handling, suppression techniques, ladders, forcible entry, search, self-rescue, pumps, hydraulics, tools, and equipment. Whenever I had a new person assigned to my shift, whether that person was a new firefighter or a senior person, I would conduct ground ladder drills. Assign a crew, with the new person, to remove and raise the biggest ground ladder available. If it was a 3-fly 49-footer that was great. If all you have is a 24-footer, so be it. It's a good drill to test teamwork and check skill levels. It's also one of the most important skills needed on a fire ground. If you need to make a rescue, you and the crew better be very good at working with the ground ladder, even if the crew is you and one firefighter.

Keep your crew focused on firefighting. That's where they are most likely to get hurt, or worse. And that's where our leadership skills and abilities are tested to the maximum. It's also what we tend to do the least. They do so much EMS work that they can easily forget about firefighting. Talk fire as often as possible. Coffee break training is a great way to stay focused. Use the media and social media as well as fire service periodicals to find out what is happening and then talk about that incident while having morning coffee.

Be a positive role model. Always lead by example and lead from the front. Take care of your people and set high expectations. They will surprise you and work to those expectations. Be consistent in your actions, be fair on how you treat them, and if necessary, discipline them. Remember, a well-disciplined team is not a team that is punished. It is a team that is well trained and coached well. We need to be better coaches. After every incident complete an incident review; reinforce good work and correct poor work or bad behavior. Watch the coaches from the New England Patriots. They are continuously coaching the players – veterans and rookies alike; it doesn't matter. Work to make them better. We must consistently do good work, not just occasionally. There is no place for mediocrity in the fire service.

As the CO you must be adaptable. Understand your own limitations as well as those of your crew. If you make a mistake admit it and move on. If they make a mistake correct it; don't let bad things fester. We do not get replays. We get one shot at it. If we screw up on the fire ground the consequences are usually very bad.

At the fire ground, you must make decisions, and usually, these are made with minimal and sometimes poor information. Theodore Roosevelt said, "in any moment of decision the best thing to do is the right thing, the next best thing is the wrong thing, the worst thing to do is nothing". Determine the priority and decide what to do. What will have the greatest impact on the situation? Getting water on the fire is always a good decision. Even the smallest crew should be able to deploy an attack hose line and get water flowing within two minutes of arrival.

General George Patton said, "don't try and make the circumstances fit your plans. Make the plan fit the circumstance". If you see that something is not working fix it, but don't be wishy-washy. You must be able to adapt to the changing fire ground because the fire will not adapt to your plans. Try not to get tunnel vision because you can easily get blindsided. As a young CO, this is very difficult to overcome.

The fire ground priorities are life safety, stabilizing the incident, protect and conserving property. Protecting and saving life is always the Number One priority. However, in most circumstances, the best tactic to achieve life safety is – to attack the fire. If you have someone in imminent danger and you must start a rescue, you must get water on the fire as fast as possible, otherwise, the threat to your firefighters and the victim, and any unseen victims, will increase at an extremely rapid rate. Chief Vincent Dunn, FDNY said, "the proper positioning of a hose line by the first attack hose team at a house fire saves more lives than any other single action".

Company Officers should use the acronym <u>S-LICERS</u> to assist them in the early stages of the fire. <u>Size-up the fire</u>. <u>Locate</u> the fire. <u>I</u>dentify and control the flow path. <u>Cool</u> the space. <u>E</u>xtinguish the fire. <u>Rescue and Salvage as needed</u>. A size-up is critical so that you can determine the fire's location, as well as see if there are any victims in need of rescue and get information about the building you are going to be working in, and hopefully gain some knowledge about the type of construction. Before you give assignments do a walk-around of the building. Try to see as much as possible. However, it is not always possible to do a complete 360. A very important component of the Size-up is the type of construction and occupancy. Is it residential versus commercial? Occupancy can drive the fire load and therefore significantly impact fire behavior and growth. Size-up will help you locate the fire. Is it in the basement or an upper floor? You must be able to identify the type of construction, especially if the structure uses lightweight components.

Looking at a building and trying to determine its age and construction takes years of practice. Hopefully, you have a system of preplans and a system of Red Flagging buildings. A simple rule - any new construction is lightweight construction. You need to be able to look at a building and determine roughly when it was built and the predominant type of construction for that era. I suggest you study building construction and how buildings burn.

After the size-up, the most important assignment is to get water on the fire as quickly as possible. This could be from the front yard or from the interior. But you must start cooling the ceiling area near the seat of the fire as quickly as possible. This will slow the fire's progress, lowering the temperatures inside the structure as well as reducing the production of toxic smoke. I fully support interior fire attack. However, your staffing levels on-scene dictate how aggressive you can be. It is okay to start the attack via a window from the outside.

The best place for the CO is with the crew, especially if they are going inside. If it is a defensive attack or starting as a transitional attack the hose crew can function without you. Your job is to make sure they get the task done. Help them complete the task, if necessary. Watch the area around them for signs of deteriorating fire conditions. Tell the pump operator to watch for exterior changing conditions. Use your portable radio to give assignments to incoming units. If necessary, tell the pump operator to go with the crew. The pump should take care of itself once properly set. The tank water will last several minutes. (In every Department that I worked (five) this was standard practice. We had little choice. We had minimal staffing and most initial attacks happened with two to six firefighters. I didn't like it or agree with it, but it was reality).

Have a plan of action, however, keep it simple and realistic. Work to keep the fire as small as possible. Locate the fire, confine the fire, then extinguish the fire. Focus on no more than three tasks at a time. As you gain more experience you will learn to expand this number. But as a new CO focus on three tasks. Stretch an attack hose to the front door, vent the window in the fire room, start a backup hose line. Once those three are complete then start the next three. Start a search off the attack line, throw a ladder to the second-floor front and VEIS the bedroom, stretch a third line to the exposure or floor above. Always remember that your task-level assignments are limited by your resources on-scene. The priorities never change but on-scene staffing will dictate what gets done.

Call for help early. Don't hesitate to strike alarms because you do not have enough help to do all the things that need to be done. You will not have a dedicated crew to rescue any firefighters in trouble for a long time so be cautious about where you put your people. If things are going wrong don't be afraid to hold your people back or pull them from the building.

Company Officer is a complicated job that can be very rewarding. Take care of your people and they will take care of you. Remember you are the boss. Act like one. Don't let ego and pride interfere with your leadership and decision-making. If you are in doubt about the situation hold them back.



Rural Hitch | Page 19

988 MENTAL HEALTH EMERGENCY HOTLINE

The Federal Communications Commission (FCC) has approved the designation of a new, 3-digit national number (988) for mental health emergencies.



Timeline Communications providers will be required to implement the number by July 16 2022.



Need

Suicide is the 10th leading cause of death in the US. Some groups are especially vulnerable, including veterans, people in rural areas, American Indians/Alaska Natives, and the LGTBQ+ population.



Impact

The current hotline number is hard to remember (1-800-273-8255). The new number makes it easier to get help during stressful times, as well as reduce avoidable interactions with law enforcement.



The Hotline

The current crisis line offers immediate assistance to anyone in mental health crisis by connecting them to a trained counselor. It is operated 24/7, and can be used for free.



Improving the Crisis System

988 can change the culture of mental health emergency response using crisis care from mental health professionals rather than policing from law enforcement. 988 and its local call centers will make the current crisis system more comprehensive.



Cost Benefit

One-time implementation costs to telecom service providers are expected for equipment upgrades, which may be passed on to customers. However, the life-

savings benefit of 988 as well as the savings to public safety and medical care sectors are expected to far outweigh the costs.

988 will be implemented in July 2022. Until then, those in need may call the current national suicide prevention hotline:

1-800-273-8255 (TALK)

AREA DAPARTMENT NEW HIRES



LACONIA – FF DAN MARTIN The Laconia Fire Department would like to welcome Firefighter Dan Martin to our ranks.

PLYMOUTH – FF/EMT JOSH FITZ Plymouth Fire is pleased to announce the hiring of FF Josh Fitz to fill the vacancy created in September. FF Fitz comes to Plymouth Fire with thirteen years experience as a career FF/EMT, having previously served with Campton-Thornton Fire Rescue.

LACONIA – FF TIM MCLAUGHLIN The Laconia Fire Department would like to welcome Firefighter Tim McLaughlin to our ranks.

BELMONT – FF/AEMT KAYLEE DOWNS Belmont Fire is pleased to announce the hiring of FF/AEMT Kaylee Downs.

FF/EMT JOSH FITZ



FF/AEMT KAYLEE DOWNS



FRANKLIN – FF/EMT PAUL BOURQUE Franklin Fire Department is pleased to announce the hiring of Paul Bourque for our open Firefighter-AEMT position. Paul comes to us as a new graduate of the New Hampshire Fire Academy's 2021 Recruit School. Paul is currently an EMT-Basic and is attending classes to obtain his A-EMT. Paul lives in the City of Nashua and comes to us from the private sector where he worked as a Safety Manager in the construction industry. He currently holds a bachelor's degree in the occupation safety field as well. Paul's first day with us was on October 12th.

LACONIA – FF CHRISTOPHER REILLY JR The Laconia Fire Department would like to welcome Firefighter Christopher Reilly Jr. to our ranks.



FF DAN MARTIN



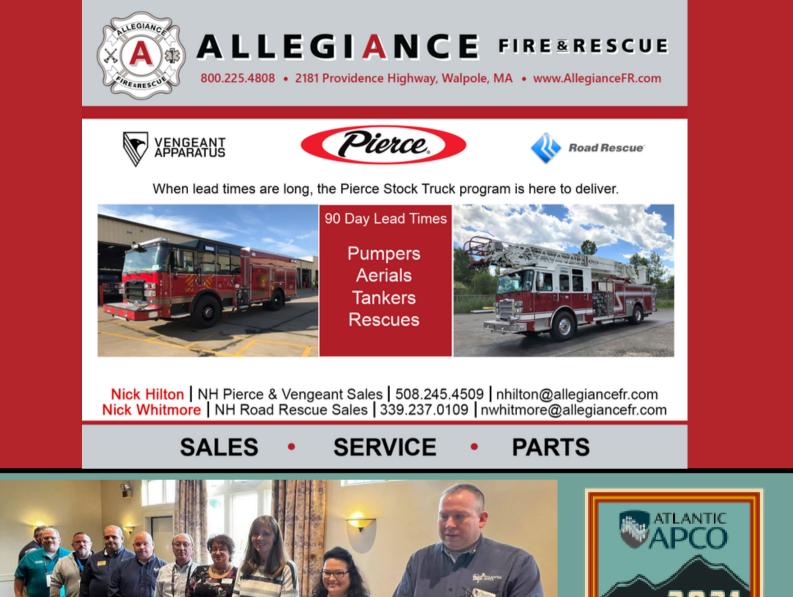
FF TIM MCLAUGHLIN



FF/EMT PAUL BOURQUE

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FF CHRISTOPHER REILLY JR



Training and Leadership

LRMFA personnel attended the Atlantic Chapter of APCO training conference in Stowe Vermont in October. During the conference, there were tremendous training opportunities for our team ranging from leadership, frontline dispatcher, and keynotes from The Kari Hunt Foundation, and The Kyle Plush Answer The Call Foundation. Two amazing foundations borne out of tragedy and the loss of two wonderful young people. These programs are always humbling and center our staff back to why they do what they do.

At the closing meeting of the Atlantic Chapter of APCO business meeting, Chief Goldman, the Chapter President turned his gavel over to incoming President Mike Davis and assumed the role of Immediate Past President. We want to congratulate President Goldman on his successful term, and with the newly elected Board Members' luck as they continue the work of the Chapter.



2022 AEMT (NCCP) RTP

This RTP will include the required 25 hours of the NCCP model, as well as:

- Documentation
- EMS In The Warm Zone (RTF)
- Advanced Spinal Assessment
- First Responder Mental Health

TIME:	DAY 1: Thu 2/3	8-4
	DAY 2: Thu 2/10	8-4
	DAY 3: Thu 2/17	8-4
	DAY 4: Thu 2/24	8-12

LOCATION: Laconia Fire Department – Central Station (Parking @ Opechee Park)

COST: \$250 for Lakes Region Providers, \$300 for non-Lakes Region Providers

TO REGISTER: Email your name, address & phone number, and service affiliation to Deputy Chief Bean at jbean@laconianh.gov or call at (603) 524-6881...

LAKES REGION MUTUAL FIRE AID STATISTICS

	Month	Admin	Emergency	Incidents
2021 First Quarter	January	1209	2314	2115
	February	1310	2300	2057
	March	1753	2604	2250
	Total for Quarter	4272	7218	6422
	Avg/Day	47.47	80.20	71.36
g	April	1653	2553	2218
con er	May	1647	2746	2388
21 Secor Quarter	June	1696	3049	2627
2021 Second Quarter	Total for Quarter	<i>4996</i>	8348	7233
2(Avg/Day	<i>54.90</i>	<i>91.74</i>	79.48
	July	1884	2988	2684
hiro er	August	1783	3086	2761
021 Thir Quarter	September	1578	2735	2399
2021 Third Quarter	Total for Quarter	5245	8809	7844
	Avg/Day	57.01	95.75	85.26
ے	October	1430	2874	2495
urt er	November	1295	2626	2239
21 Fourt Quarter	December	1332	2750	2410
2021 Fourth Quarter	Total for Quarter	4057	8250	7144
	Avg/Day	44.10	89.67	77.65
			5	
-	Month	Admin	Emergency	Incidents
2021	Total for 2021	18570	32625	28643
7	Avg/Day	50.74	89.14	78.26

Send Us Your Department News

Send your Department News to ruralhitch@lrmfa.org.

Include new hires, promotions, new apparatus, department events, open training events, and more.

We love to brag about our departments!